

## Cleveland Coureurs/VTTA (North) Open 10mile Time Trial

**To be held on Sunday 6<sup>th</sup> June 2021, promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.**

**Organiser:** Gavin Russell, 2, Antrim Ave, Fairfield, Stockton-on-Tees, TS19 7JF  
Tel: 01642 654419. Mob (on day only): 07543546815. Email: gavin\_russell@hotmail.co.uk

**Timekeepers:** Mr Don Urwin & Mr David Oliver

**Headquarters: Crathorne Reading Rooms.** Unfortunately, there is no parking available at the HQ. Please do not park in Crathorne Village as it causes obstruction to large heavy agricultural vehicles. For parking, please use the lane leading to the Rountons over the A19.

- i) *If you feel unwell on the day or days leading up to the event, please do not travel to the event, please stay at home.***
- ii) *All numbers are available at the Event Headquarters. All riders will be required to **sign on**, when collecting their number. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect the rider's or official's safety.*
- iii) *Each rider must **sign out** at the completion of their ride, when returning their number. Failure to sign out will result in a DNF being recorded in the results.*
- iv) *The HQ has been so organized for riders to enter the building through the front door, sign on at table & collect their number and exit through the back door. If you require the toilet, turn right before exiting and the toilets are on the left and straight ahead.*
- v) *On returning to sign out, please leave your number in the provided box, so they can be washed & sanitized before their next use.*
- vi) *The HQ has been so organized for riders to enter the building through the front door, sign on at table & collect their number and exit through the back door. If you require the toilet, turn right before exiting and the toilets are on the left and straight ahead.*
- vii) *Please do not congregate at the HQ and leave after signing out & number return.*
- viii) *If a dope control has been established for the event, notices will be displayed local to the signing out sheet indicating the numbers of the riders to be tested. It is the rider's responsibility to check whether his number is listed, as failure to report to the control in a reasonable time could result in an adverse finding being recorded against a competitor, with the consequence of a ban being issued.*
- ix) *No cars other than the Event Officials are to be parked at the start or finish*
- x) *No U turns are to be undertaken within sight of the start or finish.*
- xi) *Riders are not to warm up on any part of the course, whilst an event is being held.*
- xii) *Under Covid19 Guidance, please do not use turbo trainers.*
- xiii) *In the interest of your own safety, hard shell helmet use is recommended for all competitors.*
- xiv) *A red rear working light must be affixed to a competitor's cycle at the start. No light = No Ride*
- xv) *In common with other events during the current restrictions, there will be no pushing off. Riders will be start with their foot on the ground.*

**Course: T102:** Start at grating on east side of old A19, 40 yds north of post at gateway, approx 350 yds south of Crathorne village. Proceed south to join A19 southbound. Continue to Cleveland Tontine Hotel (4.98 mls) and turn sharp left and left again (care) onto A172 Stokesley road, continuing over bridge to join A19 Northbound (5.704 mls). Proceed north on A19 to finish at 3rd grating from north end of lay-by on A19, approx 0.75 mls south of Crathorne/Picton Road Bridge over A19. (10.00 mls).

**Awards:** In an experiment to address rising costs of time trialing, with a reduced entry fee, there are no prizes.

**Results:** With no result board, all results will be posted onto the Cycling Time Trials website and the Cycling Time trials – Teesside Facebook page.

### Note- First Rider Off at 09.02 Hrs

Bib No	firstname	lastname	club	gender	category	age_	standard	_group
1								
2	Louise	Hamilton	The Bike Rack CC	Female	Veteran	51	00:29:29	North
3	Ian	Hutchinson	Cleveland Wheelers CC	Male	Veteran	65		
4	Steven	Robinson	Stockton Wheelers CC	Male	Veteran	41		
5	Richard	Tyson	Rock to Roll CC	Male	Veteran	53	00:27:07	NL & L
6	James	Meadows	Cleveland Wheelers CC	Male	Senior	32		
7	Phil	Wright	Hartlepool CC	Male	Veteran	66	00:28:39	North
8	Keith	Alderson	Cleveland Wheelers CC	Male	Veteran	80	00:31:39	North
9	Paul	Sander	Stockton Wheelers CC	Male	Veteran	65		
10	Kevin	Hall	Sunderland Clarion	Male	Veteran	50		
11	Ryan	Hall	Adept Cycling	Male	Senior	29		
12	Simon	Emsley	Derwentside CC	Male	Veteran	49		
13	Sandra	Main	Cleveland Wheelers CC	Female	Veteran	67		
14	Sarah	Foulds	Sowerby Sunday Club	Female	Veteran	40	00:28:33	North
15	Jonathan	Robinson	Army Cycling	Male	Veteran	51		
16	Mark	Campbell	Fietsen Tempo	Male	Veteran	55		
17	Sam	Leng	AIMS Cycling	Male	Senior	30		
18	Danny	Short	Vector Racing	Male	Senior	34		
19	Emma	Matthews	Sowerby Sunday Club	Female	Senior	23		
20	Russ	Richardson	Teesdale CRC	Male	Veteran	64	00:28:22	NL & L
21	Rob	Carter	Cleveland Wheelers CC	Male	Veteran	46		
22	Russell	Wright	Manilla Cycling	Male	Senior	37		
23	David	Nichol	Ferryhill Whs	Male	Veteran	69	00:29:08	North
24	Tony	Main	Cleveland Wheelers CC	Male	Veteran	65		
25	Wayne	Coates	Team Bottrill	Male	Veteran	62	00:28:06	North
26	Graham	Heaton	City RC (Hull)	Male	Veteran	54	00:27:12	Yorkshire
27	David	Ballantyne	EMC Cycling	Male	Veteran	59		
28	Andrew	Locker	Stockton Wheelers CC	Male	Veteran	43		
29	Peter	MacKlam	Yorkshire Road Club	Male	Veteran	78	00:31:05	Yorkshire
30	Kris	Atkin	Team Kirkley Cycles	Male	Senior	34		
31	Gary	Hunt	Hartlepool CC	Male	Veteran	58	00:27:37	North
32	Terry	Parvin	Ferryhill Wheelers CC	Male	Veteran	61	00:27:58	North
33	Andrew	Harland	Darlington Tri Club	Male	Veteran	53		
34	Andy	Delaney	Northumbria Police C.C.	Male	Veteran	52	00:27:01	North
35	Jack	Rees	Ribble Weldtite Pro Cycling	Male	Senior	32		
36	Paul	Thirling	Hartlepool CC	Male	Veteran	45		
37	Richie	Grant	Hartlepool CC	Male	Veteran	55	00:27:18	North
38	Paul	Dawson	VTTA (North)	Male	Veteran	60	00:27:51	North
39	Mark	Brownless	Teesdale CRC	Male	Veteran	49		
40	Marcel	Schubert	Darlington Cycling Club	Male	Senior	39		

## **2021 Teesside District Road Bike Specification**

To compete in the 2021 road bike category in any of the Teesside District open event, the following specification is appropriate to the conditions of inclusion:

### **Signing On:**

1. When signing on please tick the road bike column to indicate that you are to compete on a road bike.

### **The Rider:**

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuit is permitted
3. No riding with elbows or forearms on the handlebars (known as "puppy paws"). If witnessed, the competitor may be disqualified.

### **The Machine:**

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

**Thanks go out to the event supporters who are giving of their time to enable this event to be held.**

**Hard Copies of the start sheet will be available for collection at the HQ**

Gavin Russell